# **H6AIHP: Applied Introduction and History of Psychology**

Module Code:		H6AIHP					
Long Title		Applied Introduction and History of Psychology APPROVED					
Title		Applied Introduction and History of Psychology					
Module Level:		LEVEL 6					
EQF Level:		5					
EHEA Level:		Short Cycle					
Credits:		10					
Module Coordinator:		Faye McGinley					
Module Author:		Joanna McHugh					
Departments:		School of Business					
Specifications of the qualifications and experience required of staff							
Learning Outcomes							
On successful completion of this module the learner will be able to:							
#	Learning Outcome	ning Outcome Description					
LO1	Articulate the nature	nature, history, and content of psychology.					
LO2	Describe and explain	nd explain the basic principles and issues in the study of different aspects of human behaviour.					
LO3	Show evidence of ar	ence of an ability to identify and explain contemporary and historical theories, research, and/or principles related to the content					
LO4	Explain the role that	e that psychology plays in a range of applied and interdisciplinary settings					
Dependencies							
Module Reco	mmendations						
No recommendations listed							
Co-requisite Modules							
No Co-requisite modules listed							
Entry require	ments						

# **H6AIHP: Applied Introduction and History of Psychology**

# **Module Content & Assessment**

### Indicative Content

### Introduction

Introduction to the class and the subject, discovering psychology

The historical roots of Psychology

• Psychology as a science • Areas of Psychology • introduction to research methods in Psychology • key debates in Psychology

Biological Psychology
• the nervous system • sensation and perception • the sensory systems

Social Psychology
• Social cognition • Attribution theory • Heuristics, stereotypes and schemas

## Behaviourism

Learning • Classical and operant conditioning

• Cognitive psychology • Memory, attention, remembering and forgetting • Language, intelligence: what does it mean? • The history of intelligence and attainment

Developmental Psychology
• How children's thinking develops • Piaget • Vygotsky

### Personality

• Types and traits, trait theories, • Psychodynamic approach, • Humanistic approach, • Assessment of personality

Health Psychology
• stress and health, • models of health promotion, • health behaviours

# Psychological Disorders

• What is abnormal? • Perspectives on causes of disorders • mood disorders, schizophrenia • Treatment models

Assessment Breakdown	%		
Coursework	100.00%		

### Assessments

# **Full Time**

Coursework

Assessment Type: Assignment (0350) % of total: 100 Every Second Week Outcome addressed: 1,2,3,4

Non-Marked:

### Assessment Description:

This will typically involve five parts, each worth 20%: • Short essay outline on the history of psychology • 1,000-1,200 word essay on a topic in biopsychology • Short MCQ based on material covered to date • Group report based on fieldwork conducted in cognitive psychology • Group presentation based on groupwork within health psychology

No End of Module Assessment

No Workplace Assessment

### Reassessment Requirement

## Repeat failed items

The student must repeat any item failed

# **H6AIHP: Applied Introduction and History of Psychology**

Module Workload							
Module Target Workload Hours 0 Hours							
Workload: Full Time							
Workload Type	Workload Description	Hours	Frequency	Average Weekly Learner Workload			
Lecture	No Description	48	Every Week	48.00			
Tutorial	No Description	12	Every Week	12.00			
Independent Learning	No Description	190	Once per semester	15.83			
Total Weekly Contact Hours							

# Module Resources

# Recommended Book Resources

Kalat, J.W. (2010), Introduction to Psychology, International Edition, 9th. CA: Wadsworth:Cengag.

Plotnik, R & Kouyoumdjian, H.. (2011), Introduction to Psychology,, 9th. Thomson Wadsworth..

Brysbaert, M & Rastle, K. (2013), Historical and Conceptual Issues in Psychology, [ISBN: 9780273743].

# Supplementary Book Resources

Kardas, EP. (2014), History of Psychology: The Making of a Science, [ISBN: 978-1-111-186].

This module does not have any article/paper resources

### Other Resources

[Website], http://www.psihq.ie/.

[Website], http://psychology.about.com/.

[Website], www.interscience.wiley.com/jpages.

[Website], www.sciencedirect.com.

Discussion Note:

This updated module reflects the changes made in the QQI Programmatic Review, June 2017.