

H6ACHW: Advanced Child Health and Wellbeing

Module Code:	H6ACHW
Long Title	Advanced Child Health and Wellbeing APPROVED
Title	Advanced Child Health and Wellbeing
Module Level:	LEVEL 6
EQF Level:	5
EHEA Level:	Short Cycle
Credits:	5
Module Coordinator:	ARLENE EGAN
Module Author:	Jane Liu
Departments:	NCI Learning & Teaching
Specifications of the qualifications and experience required of staff	
Learning Outcomes	
<i>On successful completion of this module the learner will be able to:</i>	
#	Learning Outcome Description
LO1	Describe the nutritional requirements of children aged 0-6 years.
LO2	Devise nutritionally appropriate menus for children aged 0-6 years.
LO3	Examine the elements involved in protecting children.
LO4	Demonstrate knowledge of working within the Children First and Our Duty of Care Guidelines.
LO5	Prepare appropriate physical education, outdoor play and risky play activities to promote child health and wellbeing in the ECE setting.
Dependencies	
Module Recommendations	
No recommendations listed	
Co-requisite Modules	
No Co-requisite modules listed	
Entry requirements	

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Module Content & Assessment			
Indicative Content			
Childhood Nutrition • Nutritional needs of babies and young children (0-18 months, 18 months – 3 years, 3 -6 years), the food pyramid, creating balanced menus for children of various age groups informed by National Guidelines, recognise the importance of meals as a form of social interaction, identify the causes and effects of obesity for children 0-6; nutritional policies and procedures in the ECE setting.			
Physical Education, Outdoor and Risky Play • The importance of outdoor play in early childhood education for the health and wellbeing of the child, the role of outdoor play in promoting health and wellbeing in learning experiences through Aistear and Siolta, the incorporation of outdoor play into the everyday routine regardless of the weather to promote wellbeing and health (Siolta, Standard 2- Environments, Standard 6 - Play), designing programmes for physical education, outdoor play and risky play with consideration for safety and health issues when planning and recognising the importance of these activities for childhood health and wellbeing – physical, psychological, social and intellectual.			
Child Protection • Review of legislation and policy relating to child protection e.g. Children First and children's rights in Ireland, early intervention, family support services, professional agency involvement and mandatory reporting, working within the Children First and Our Duty to Care guidelines, developing communication skills in order to communicate effectively with young children, the Stay Safe Programme and the Younger Years.			
Assessment Breakdown			%
Coursework			100.00%
Assessments			
Full Time			
Coursework			
Assessment Type:	Portfolio	% of total:	60
Assessment Date:	n/a	Outcome addressed:	1,2,5
Non-Marked:	No		
Assessment Description: Display knowledge of the nutritional requirements of children 0-6 years through creating nutritionally appropriate food plans. Construct appropriate physical activities, outdoor and risky play for a range of age groups 0-6 years.			
Assessment Type:	Essay	% of total:	40
Assessment Date:	n/a	Outcome addressed:	3,4
Non-Marked:	No		
Assessment Description: Child Protection (2500 words)			
No End of Module Assessment			
No Workplace Assessment			
Reassessment Requirement			
Repeat failed items <i>The student must repeat any item failed</i>			

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Module Workload				
Module Target Workload Hours 0 Hours				
Workload: Full Time				
Workload Type	Workload Description	Hours	Frequency	Average Weekly Learner Workload
Lecture	per week	2	Once per semester	0.17
Independent Learning	No Description	8.5	Once per semester	0.71
Total Weekly Contact Hours				0.17
Workload: Part Time				
Workload Type	Workload Description	Hours	Frequency	Average Weekly Learner Workload
Lecture	per week	2	Once per semester	0.17
Independent Learning	No Description	8.5	Once per semester	0.71
Total Weekly Contact Hours				0.17

Module Resources	
Recommended Book Resources	
<p>CECDE. (2006), <i>Síolta: The National Quality Framework for Early Childhood Education</i>, DCYA, Dublin.</p> <p>Department of Children & Youth Affairs. (2011), <i>Children First: National Guidelines for the Protection and Welfare of Children</i>, DCYA, Dublin.</p> <p>French, G.. (2008), <i>Supporting Quality</i> (3rd Ed.) Book 1, 3rd. Barnardos, Dublin.</p> <p>National Council for Curriculum & Assessment. (2015), <i>Practice guide to Síolta and Aistear</i>, NCCA, Dublin.</p> <p>National Council for Curriculum & Assessment. (2009), <i>Aistear: The Early Childhood Curriculum Framework</i>, NCCA, Dublin.</p> <p>Parker, L.. (2006), <i>How to Keep Young Children Safe (Health and Safety in the Early Years</i>, Fulton, London.</p> <p>White, J.. (2010), <i>Outdoor Provision in the Early Years</i>, 2nd. Sage Publication Ltd, London.</p>	
Supplementary Book Resources	
<p>Brock, A.. (2015), <i>The Early Years Reflective Practice Handbook</i>, Routledge, London, [ISBN: 9780415529938].</p> <p>Department of the Environment and Local Government. (1999), <i>Fire Safety in Pre-Schools</i>, Department of the Environment and the Local Government, Dublin.</p> <p>• An Leanabh Og. <i>The OMEP Ireland Journal of Early Childhood Studies</i>.</p> <p>Avril Brock, Editor. (2015), <i>The Early Years Reflective Practice Handbook</i>, Routledge, London, [ISBN: 9780415529938].</p>	
This module does not have any article/paper resources	
Other Resources	
<p>[Journal], Children's Research Network Ireland & Northern Ireland. <i>Children's Research Digest</i>.</p> <p>[Journal], Barnardos. <i>Child Links</i>.</p> <p>[Journal], European Early Childhood Education Research Journal.</p>	
Discussion Note:	