

## H61CHW: Introduction to Child Health and Wellbeing

Module Code:	H61CHW
Long Title	Introduction to Child Health and Wellbeing <b>APPROVED</b>
Title	Introduction to Child Health and Wellbeing
Module Level:	LEVEL 6
EQF Level:	5
EHEA Level:	Short Cycle
Credits:	10
Module Coordinator:	ARLENE EGAN
Module Author:	Jane Liu
Departments:	NCI Learning & Teaching
Specifications of the qualifications and experience required of staff	
<b>Learning Outcomes</b>	
<i>On successful completion of this module the learner will be able to:</i>	
<b>#</b>	<b>Learning Outcome Description</b>
LO1	Comprehend the theory and principles of childrens' health and wellbeing.
LO2	Demonstrate knowledge of the rights of the child as outlined in relevant legislation.
LO3	Outline the main illnesses affecting childhood and their causes.
LO4	Recognise the important role hygiene and infection control play in the ECE setting.
LO5	Recognise the importance of maintaining a secure and safe ECE environment.
LO6	Demonstrate the importance of a partnership approach to health and wellbeing in childhood.
<b>Dependencies</b>	
<b>Module Recommendations</b>	
No recommendations listed	
<b>Co-requisite Modules</b>	
No Co-requisite modules listed	
<b>Entry requirements</b>	

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Module Content & Assessment			
Indicative Content			
<b>Childhood Health and Wellbeing</b> • Overview of the holistic care needs of children and their health requirements, overview of life span approach to health and wellbeing - prenatal development to birth/0-3 years/3-6 years, physical and psychological basis for health, the nine dimensions of children's development, identification of how environmental factors can impact on childhood health such as - health screening/vaccination schedule, family, lifestyle, environment, education, culture, religion and communities, Siolta Standard 9 – Health and Welfare.			
<b>Health and Wellbeing in the Early Childhood Setting</b> • The impact of the ECE environment on childhood health and wellbeing, identification and appropriate treatment of common childhood illnesses, identification of common causes of infection; strategies to promote Infection control and hygiene in the early childhood setting; prevention of cross infection through HACCP guidelines, health promotion policies and strategies in the ECE setting – oral hygiene, healthy eating, physical activity, outdoor play etc., the benefits of a partnership approach to health and wellbeing in childhood; personal care routines in the ECE setting and development of practical skills to undertake health and wellbeing routines.			
<b>The Child's Voice</b> • Overview of the rights of the child, policies and practices in the ECE setting which promote the rights of the child, inclusion and equality in the ECE setting, examining high standards of quality in the ECE setting in relation to the implementation of relevant policies and procedures.			
<b>Elements involved in protecting children in the ECE setting</b> • Introduction to the elements involved in protecting children, for example identifying common childhood injuries and their causes, addressing common childhood injuries, assessing and managing risk in the ECE setting, reporting and inter-professional collaboration and maintaining a secure and safe ECE environment while working in collaboration with parents.			
Assessment Breakdown			%
Coursework			40.00%
End of Module Assessment			60.00%
Assessments			
Full Time			
Coursework			
<b>Assessment Type:</b>	Presentation	<b>% of total:</b>	40
<b>Assessment Date:</b>	n/a	<b>Outcome addressed:</b>	2,6
<b>Non-Marked:</b>	No		
<b>Assessment Description:</b> Working in partnership with parents and children in developing the rights of the child in ECE setting.			
End of Module Assessment			
<b>Assessment Type:</b>	Terminal Exam	<b>% of total:</b>	60
<b>Assessment Date:</b>	End-of-Semester	<b>Outcome addressed:</b>	1,3,4,5
<b>Non-Marked:</b>	No		
<b>Assessment Description:</b> Exam to assess learning of principles and theories, Health and Safety, Hygiene and Infection			
No Workplace Assessment			
Reassessment Requirement			
<b>Repeat failed items</b> <i>The student must repeat any item failed</i>			

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Module Workload				
Module Target Workload Hours 0 Hours				
Workload: Full Time				
Workload Type	Workload Description	Hours	Frequency	Average Weekly Learner Workload
Lecture	per week	3	Once per semester	0.25
Independent Learning	No Description	18	Once per semester	1.50
Total Weekly Contact Hours				0.25
Workload: Part Time				
Workload Type	Workload Description	Hours	Frequency	Average Weekly Learner Workload
Lecture	per week	3	Once per semester	0.25
Independent Learning	No Description	18	Once per semester	1.50
Total Weekly Contact Hours				0.25

Module Resources	
<i>Recommended Book Resources</i>	
<p>Bruce. T., Meggitt. C. &amp; Grenier, J. (2010), Child Care and Education, Hodder &amp; Stoughton, Oxon.</p> <p>CECDE. (2006), Siolta the National Quality Framework for Early Childhood Education, CEDCE, Dublin.</p> <p>Department of Health &amp; Children. (2004), Food and Nutrition Guidelines for Pre-School Services, DoHC, Dublin.</p> <p>Gaine, Niamh. (2013), Child Health and Wellbeing, Gill &amp; Macmillan, Dublin.</p> <p>National Council for Curriculum &amp; Assessment. (2015), Practice guide to Siolta and Aistear, NCCA, Dublin.</p> <p>National Council for Curriculum &amp; Assessment. (2009), Aistear: The Early Childhood Curriculum Framework, NCCA, Dublin.</p>	
<i>Supplementary Book Resources</i>	
<p>Hanafin, S. &amp; Brooks, A.. (2005), Report on the development of a national set of child wellbeing indicators, National Children's Office, Dublin.</p> <p>National Committee on Breastfeeding &amp; Department of Health and Children. (2005), Breastfeeding in Ireland: A Five Year Strategic Action Plan, DoHC, Dublin.</p>	
<i>This module does not have any article/paper resources</i>	
<i>Other Resources</i>	
<p>[Website], Health Service Executive. Immunisation,  <a href="http://www.immunisation.ie/en/">http://www.immunisation.ie/en/</a></p> <p>[Website], World Health Organisation. WHO,  <a href="http://www.who.int/en/">http://www.who.int/en/</a></p> <p>[Website], Growing Up in Ireland. Growing Up in Ireland –Longitudinal Study of Children, Dublin,  <a href="http://www.growingup.ie">http://www.growingup.ie</a></p>	
Discussion Note:	