H6PDL: Personal Development and Learning Skills

Module Code:	H6PDL
Long Title	Personal Development and Learning Skills APPROVED
Title	Personal Development and Learning Skills
Module Level:	LEVEL 6
EQF Level:	5
EHEA Level:	Short Cycle
Credits:	5
Module Coordinator:	
Module Author:	DAVE CORMACK
Departments:	NCI Learning & Teaching
Specifications of the qualifications and experience required of staff	

Learning Outcomes	
On successful completion of this module the learner will be able to:	
#	**Learning Outcome Description**
LO1	To develop autonomous learning skills
LO2	To explore the nature of learning and identify and develop positive learning strategies and goal constructs.
LO3	Identify the processes of problem-solving and decision making in their own lives.
LO4	To develop positive learner strategies for managing the self and peer relations

Dependencies	
Module Recommendations	
No recommendations listed	
Co-requisite Modules	
No Co-requisite modules listed	
Entry requirements	

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Module Content & Assessment

Indicative Content

Living theory of learning and goal constructs
Discussing learning experiences and current interests Thinking about knowledge and skills and exploring how these were acquired eg. formally/informally. Identifying strengths and weaknesses/ a self assessment Identifying preferences in ways of working Setting goals for the future Setting out the skills, knowledege needed to achieve goals. reflecting on current strengths and weaknesses and identifying potential improvements and putting these improvements in place.

Growth mindsets and success
Exploring barriers and opportunties through self-reflection. fixed mindsets verses growth mindsets.

Practical Problem Solving Skills
Looking at different solutions to facilitate effective, flexible learning and problem solving in personal and professional domains. How to become a more autonomous learner Setting short-term learning targets. Keeping a learning portfolio

Learner strategies for managing the self and Peer relations
Development of communication techniques through role play and analysis. Developing mindsets for positive learning experiences and planning for success in personal and professional interactions.

Assessment Breakdown	%
Coursework	100.00%

Assessments

Full Time

Coursework

Assessment Type:	Project	**% of total:**	60
Assessment Date:	n/a	**Outcome addressed:**	2,3,4
Non-Marked:	No		

Assessment Description:
Learners will be tasked with two case studies which will be presented through problem-based learning. Learners will be given high level problems to solve and will use their own experiences combined with secondary research to put forward potential solutions. Example case studies include interpersonal conflicts in teams. Learners will write a short report and present the report to their peers for feedback.

Assessment Type:	Practical	**% of total:**	40
Assessment Date:	n/a	**Outcome addressed:**	1,3,4
Non-Marked:	No		

Assessment Description:
Role Play: Learners will be tasked with role playing scenarios to help develop communication techniques in their own personal and professional lives. Scenarios will include receiving and dealing with negative feedback and how to give constructive feedback.

No End of Module Assessment

No Workplace Assessment

Reassessment Requirement

Coursework Only
This module is reassessed solely on the basis of re-submitted coursework. There is no repeat written examination.

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Module Workload				
Module Target Workload Hours 0 Hours				
Workload: Part Time				
Workload Type	*Workload Description*	*Hours*	*Frequency*	*Average Weekly Learner Workload*
Lecture	per week	2	Once per semester	0.17
Independent Learning	No Description	8.5	Once per semester	0.71
			Total Weekly Contact Hours	0.17

Module Resources

Recommended Book Resources

Stella Cottrell. (2013), The Study Skills Handbook, 4th. Palgrave Macmillan, [ISBN: 9781137289254].

Andrew J. Elliot; Carol S. Dweck. (2013), Handbook of Competence and Motivation, Guilford Publications, [ISBN: 1462514723].

Supplementary Book Resources

Carol Dweck. (2006), Mindset : The New Psychology of Success, Random House, p.288, [ISBN: 1400062756].

John Dewey. (2008), How We Think, Cosimo Classics, p.236, [ISBN: 1605200999].

John J. McDermott. (2013), The Writings of William James, Random House Publishing Group, [ISBN: 0307824799].

Joe Y. F. Lau. (2011), An Introduction to Critical Thinking and Creativity: Think More, Think Better, John Wiley & Sons, p.272, [ISBN: 1118033434].

This module does not have any article/paper resources

Other Resources

[journal], Journal of Learning Development in Higher Education,
http://www.aldinhe.ac.uk/ojs/index.php?j ournal=jldhe

[journal], Journal of Professional Development in Education,
http://ipda.org.uk/

[Journal], British Educational Research Journal,
http://www.tandfonline.com/toc/cber20/cu rrent

Discussion Note: