H7MCPSY: Multicultural Psychology

Module Code:	H7MCPSY
Long Title	Multicultural Psychology APPROVED
Title	Multicultural Psychology
Module Level:	LEVEL 7
EQF Level:	6
EHEA Level:	First Cycle
Credits:	5
Module Coordinator:	Caoimhe Hannigan
Module Author:	Amanda Kracen
Departments:	School of Business
Specifications of the qualifications and experience required of staff	Lecturer with PhD or PsyD in Psychology or related cognate discipline; relevant academic and/or professional experience in cultural issues and managing discussion of sensitive topics is recommended.

Learning Outcomes	
On successful completion of this module the learner will be able to:	
#	**Learning Outcome Description**
LO1	Demonstrate knowledge of the psychological factors that influence cultural identity, harm, and well-being at the individual, community, and societal level.
LO2	Evaluate key theories and models in the field of multicultural psychology.
LO3	Apply current research findings to evaluate disparities and inequities, as well as to foster increased social justice and equity.
LO4	Articulate a critical awareness of personal cultural assumptions, beliefs, biases, and values and how these factors shape thoughts, feelings, and behaviours.
LO5	Critically evaluate multicultural psychology issues in contemporary society (e.g., preponderance of research from WEIRD countries, racism in Irish society, gender inequities in the workplace; fat phobia in healthcare).

Dependencies	
Module Recommendations	
No recommendations listed	
Co-requisite Modules	
No Co-requisite modules listed	
Entry requirements	There are no additional entry requirements for this module. The programme entry requirements apply.

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Module Content & Assessment

Indicative Content

Below is a list of indicative topics.

Introduction to Multicultural Psychology Theoretical Foundations (e.g., Ecological Model, Social Learning Theory, Schema Theory, Socialization and Social Identities, Theory of Multicultural Counselling and Therapy, Multicultural Orientation framework) Cultural Similarities and Differences in Worldviews Multicultural Issues in Ireland Cultural Identity Development and White Identity Intersectionality Privilege, Power, Dominance and Oppression Explicit and Implicit Bias and Microaggressions Cultural Competence and Cultural Humility Allyship and Social Justice Focused Topics on Socially Excluded Groups (e.g., race, ethnicity, immigration status, language, sexual orientation, gender, age, disability, body size, class status, education, religious orientation)

Assessment Breakdown	%
Coursework	100.00%

Assessments

Full Time

Coursework

Assessment Type:	Continuous Assessment	**% of total:**	100
Assessment Date:	Sem 2 End	**Outcome addressed:**	1,2,3,4,5
Non-Marked:	No		

Assessment Description:
Students will complete a reflective learning journal to consolidate and demonstrate their learning.

No End of Module Assessment

No Workplace Assessment

Reassessment Requirement

Coursework Only
This module is reassessed solely on the basis of re-submitted coursework. There is no repeat written examination.

Reassessment Description
If a student fails the module overall, they must repeat the Reflective Learning Journal to adequately demonstrate their learning.

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Module Workload				
Module Target Workload Hours 0 Hours				
Workload: Full Time				
Workload Type	*Workload Description*	*Hours*	*Frequency*	*Average Weekly Learner Workload*
Lecture	Classroom and demonstrations	12	Per Semester	1.00
Independent Learning	Independent learning	113	Per Semester	9.42
			Total Weekly Contact Hours	1.00

Module Resources

Recommended Book Resources

Nagayama Hall, G.C. (2022), Multicultural Psychology, 4th ed. Routledge, https://doi.org/10.4324/9781003185420.

Mio, S. , Barker, L. , Domenech Rodriguez, M., & Gonzalez, J. (2019), Multicultural psychology: Understanding our diverse communities, 5th ed. Oxford University Press, Oxford.

Pedrotti, J. T., & Isom, D. A. (2020), Multicultural psychology: Self, society, and social change, Sage, Thousand Oaks, CA.

Sue, D.W., Sue, D., Neville., H. A. & Smith, L. (2019), Counseling the culturally diverse: Theory and practice, 8th ed, John Wiley & Sons, Inc, NY.

Supplementary Article/Paper Resources

American Psychological Association, APA Task Force on Race and Ethnicity Guidelines in Psychology. (2019), Race and Ethnicity Guidelines in Psychology: Promoting Responsiveness and Equity, http://www.apa.org/about/policy/race-and -ethnicity-in-psychology.pdf

Crenshaw K. (1991), Mapping the margins: Intersectionality, identity politics, and violence against Women of Color, http://Stanford Law Review

Davis, D. E., DeBlaere, C., Owen, J., Hook, J. et al. The multicultural orientation framework: A narrative review, Psychotherapy, https://psycnet.apa.org/doi/10.1037/pst0 000160

Hamilton, H. & DeHart, T. Cheers to equality! Both hostile and benevolent sexism predict increases in college women's alcohol consumption, https://doi.org/10.1007/s11199-020-01140 -2

McIntosh, P. White privilege: Unpacking the invisible knapsack. Peace and Freedom, July/August, 10–12, Women's International League for Peace and Freedom.

McGinnity, F., Grotti, R., Russell, H, & Fahey, E. (2018), Attitudes to Diversity in Ireland. Dublin: ESRI and the Irish Human Rights and Equality Commission., https://doi.org/10.26504/bkmnext350

Miller, M., Keum, B., Thai, C., Lu, Y., et al. (2018), Practice recommendations for addressing racism: A content analysis of the counseling psychology literature, Journal of Counseling Psychology, https://psycnet.apa.org/doi/10.1037/cou0 000306

Nixon, S.A. (2019), The coin model of privilege and critical allyship: Implications for health, https://doi.org/10.1186/s12889-019-7884- 9

Paleari, F. G., Brambilla, M., & Fincham, F. D. (2019), When prejudice against you hurts others and me: The case of ageism at work, Journal of Applied Social Psychology.

Wong-Padoongpatt, G., Zane, N., Okazaki, S., & Saw, A. (2017), Decreases in implicit self-esteem explain the racial impact of microaggressions among Asian Americans, Journal of Counseling Psychology, https://psycnet.apa.org/doi/10.1037/cou0 000217

Blaylock, D. Stevenson, C., O'Donnell, A. Reicher, A. et al. (2021), From I to we: Participants' accounts of the development and impact of shared identity at large-scale displays of Irish national identity, Irish Political Studies, 36, p.92108, http://DOI: 10.1080/07907184.2021.1877896

This module does not have any other resources

Discussion Note: