

## H8PSTY: Psychotraumatology

<b>Module Code:</b>	H8PSTY
<b>Long Title</b>	Psychotraumatology <b>APPROVED</b>
<b>Title</b>	Psychotraumatology
<b>Module Level:</b>	LEVEL 8
<b>EQF Level:</b>	6
<b>EHEA Level:</b>	First Cycle
<b>Credits:</b>	5
<b>Module Coordinator:</b>	David Mothersill
<b>Module Author:</b>	Robert Fox
<b>Departments:</b>	School of Business
<b>Specifications of the qualifications and experience required of staff</b>	PhD in Psychology or related cognate discipline
<b>Learning Outcomes</b>	
<i>On successful completion of this module the learner will be able to:</i>	
<b>#</b>	<b>Learning Outcome Description</b>
LO1	Demonstrate a comprehensive understanding of trauma and traumatic-stress related disorders.
LO2	Critically evaluate research relating to the different models and theories of PTSD.
LO3	Gain an in-depth understanding of the aetiology, risk, protective factors, and comorbid psychopathology of PTSD/CPTSD.
LO4	Describe and evaluate a range of treatments for traumatic-stress related disorders.
<b>Dependencies</b>	
<b>Module Recommendations</b>	
No recommendations listed	
<b>Co-requisite Modules</b>	
No Co-requisite modules listed	
<b>Entry requirements</b>	There are no additional entry requirements for this module. The programme entry requirements apply.

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Module Content & Assessment			
Indicative Content			
<b>History of psychological trauma and PTSD/complex PTSD</b> Understanding psychological trauma and posttraumatic stress disorder (PTSD) History and foundations of the study of psychological trauma (e.g., shellshock, soldier's heart, and railroad spine). Changes in the conceptualisations of PTSD across the ICD and DSM classifications The conceptualisation of complex PTSD (CPTSD) Theories of PTSD			
<b>Risk/protective factors and comorbid conditions associated with PTSD/CPTSD</b> Comorbid conditions associated with PTSD/CPTSD (e.g., internalising disorders, substance use) PTSD/CPTSD and physical health Risk factors which predict the onset of PTSD/CPTSD following trauma exposure Protective factors that reduce the likelihood of developing PTSD/CPTSD symptoms Preventing PTSD			
<b>Trauma and psychopathology</b> Epidemiology of traumatic events The relationship between trauma exposure and psychopathology			
<b>Other traumatic stress disorders/posttraumatic reactions</b> Disorders specifically associated with stress' in the ICD-11 'Trauma- and stressor-related disorders' in the DSM-5 Trauma and dissociation			
<b>Assessment of PTSD</b> Methodological considerations for studying PTSD Statistical bias in assessing and diagnosing PTSD symptomatology Sociodemographic biases of the clinical structure of PTSD (e.g., across age, sex) Discussing empirical evidence comparing clinical structure of PTSD in ICD-11 vs DSM-5 Trajectories of PTSD response			
<b>Posttraumatic growth and resilience</b> What is posttraumatic growth? Correlates of posttraumatic growth			
<b>Treatment of traumatic-stress related disorders</b> Evidence-based treatments for PTSD Trauma-focused Cognitive Behavioural Therapy Prolonged Exposure Therapy Cognitive Processing Therapy Eye Movement Desensitization and Reprocessing Other treatments			
Assessment Breakdown			%
Coursework			100.00%
Assessments			
Full Time			
Coursework			
<b>Assessment Type:</b>	Continuous Assessment	<b>% of total:</b>	100
<b>Assessment Date:</b>	n/a	<b>Outcome addressed:</b>	1,2,3,4
<b>Non-Marked:</b>	No		
<b>Assessment Description:</b> Students will be presented with a selection of essay topics. They will be required to answer one of these. Students will be required to critically evaluate the current research in the area and demonstrate a comprehensive and extensive understanding of the topic.			
No End of Module Assessment			
No Workplace Assessment			
Reassessment Requirement			
<b>Coursework Only</b> <i>This module is reassessed solely on the basis of re-submitted coursework. There is no repeat written examination.</i>			
<b>Reassessment Description</b> Students must attempt all assessment components. If the student fails the module overall, they must repeat all failed, missed, or deferred assessments.			

## H8PSTY: Psychotraumatology

Module Workload				
Module Target Workload Hours 0 Hours				
Workload: Full Time				
Workload Type	Workload Description	Hours	Frequency	Average Weekly Learner Workload
Lecture	Classroom and demonstrations	12	Per Semester	1.00
Independent Learning	Independent learning	113	Per Semester	9.42
Total Weekly Contact Hours				1.00

Module Resources	
<i>Recommended Book Resources</i>	
<p>Friedman, M. J., Schnurr, P. P., &amp; Keane, T. M.. (2021), Handbook of PTSD: Science and practice, 3rd ed. Guilford Press.</p> <p>Ford, J. D., Grasso, D. J., Elhai, J. D. &amp; Courtois, C. A. (2015), Posttraumatic stress disorder: Scientific and professional dimensions, Elsevier.</p>	
<i>Supplementary Book Resources</i>	
<p>Herman, J. (2015), Trauma and recovery: The aftermath of violence from domestic abuse to political terror, Basic Books.</p>	
<i>This module does not have any article/paper resources</i>	
<i>Other Resources</i>	
<p>[Journal], British Journal of Psychiatry.</p> <p>[Journal], Depression &amp; Anxiety.</p> <p>[Journal], Journal of Traumatic Stress.</p> <p>[Journal], European Journal of Psychotraumatology.</p> <p>[Journal], Journal of Psychopathology and Clinical Science.</p>	
Discussion Note:	