

H8CAMH: Child and Adolescent Mental Health

Module Code:	H8CAMH
Long Title	Child and Adolescent Mental Health APPROVED
Title	Child and Adolescent Mental Health
Module Level:	LEVEL 8
EQF Level:	6
EHEA Level:	First Cycle
Credits:	5
Module Coordinator:	David Mothersill
Module Author:	Conor Nolan
Departments:	School of Business
Specifications of the qualifications and experience required of staff	Lecturer with PhD in Psychology or related cognate discipline
Learning Outcomes	
<i>On successful completion of this module the learner will be able to:</i>	
#	Learning Outcome Description
LO1	Show in-depth knowledge of the concept of mental health and identify factors which promote mental health in children.
LO2	Understand the aetiology, epidemiology, symptoms and signs of different child mental health problems
LO3	Critically evaluate research and literature around multiple treatment options for child mental health problems.
LO4	To be aware of the various domains of assessment, and understand the rationale for early intervention.
Dependencies	
Module Recommendations	
No recommendations listed	
Co-requisite Modules	
No Co-requisite modules listed	
Entry requirements	There are no additional entry requirements for this module. The programme entry requirements apply.

H8CAMH: Child and Adolescent Mental Health

Module Content & Assessment			
Indicative Content			
Module content, organisation and structure The module will start by discussing what child mental health is, before moving into content on child mental health problems. The module will also cover non-clinical, common psychological difficulties that children experience. Common childhood mental health problems will be covered in detail, including aetiology, epidemiology, symptoms, signs, assessment and intervention. The impact of child mental health problems on family and society will also be covered.			
Child mental health: definitions and promoting factors Child mental health: definitions and promoting factors			
Common psychological difficulties: Difficulties with eating Sleeping Toileting Challenging behaviours			
Common child mental health problems: Anxiety disorder Depression and Bipolar disorder in Children and Young People OCD and related disorders Psychosis in Children and Young People Eating disorder Conduct disorder ADHD Trauma and PTSD			
Consideration of difficulties for children from minority groups, those in the care of social services or children who have been adopted Consideration of difficulties for children from minority groups, those in the care of social services or children who have been adopted			
Assessment: Child and Adolescent Mental Health Assessment Family Assessment Cognitive Assessment in Children			
Therapeutic Approaches to Working with Children, Young People and their Families Child and Adolescent Psychotherapy Creative Therapies Counselling Children and Young People Cognitive Behavioural Therapies Family Therapy Models and Practices			
Assessment Breakdown			%
Coursework			100.00%
Assessments			
Full Time			
Coursework			
Assessment Type:	Continuous Assessment	% of total:	100
Assessment Date:	n/a	Outcome addressed:	1,2,3,4
Non-Marked:	No		
Assessment Description: Case Study & Presentation: This will be a group work exercise. Students will be asked to design a case study, give information about how a child is presenting, what the mental health problem is, provide information on the problem surrounding its signs, symptoms, assessment and treatment and support plan. Students will be required to give a 10-15 minute presentation and submit a 1500 word report on the case.			
No End of Module Assessment			
No Workplace Assessment			
Reassessment Requirement			
Coursework Only <i>This module is reassessed solely on the basis of re-submitted coursework. There is no repeat written examination.</i>			
Reassessment Description Should a student group fail they will be required to complete a repeat group project.			

H8CAMH: Child and Adolescent Mental Health

Module Workload				
Module Target Workload Hours 0 Hours				
Workload: Full Time				
Workload Type	Workload Description	Hours	Frequency	Average Weekly Learner Workload
Lecture	Classroom and demonstrations	12	Per Semester	1.00
Independent Learning	Independent learning	113	Per Semester	9.42
Total Weekly Contact Hours				1.00

Module Resources	
<i>Recommended Book Resources</i>	
Laver-Bradbury, C., Thompson, M. J., Gale, C., & Hooper, C. M. (2021), <i>Child and Adolescent Mental Health: Theory and Practice</i> , Third Edition. CRC Press.	
<i>Supplementary Book Resources</i>	
<p>Melnik, B. M., & Pamela Lusk, D. N. P.. (2021), <i>A Practical Guide to Child and Adolescent Mental Health Screening, Evidence-based Assessment, Intervention, and Health Promotion</i>, Springer Publishing Company.</p> <p>Carr, A. (2015), <i>The handbook of child and adolescent clinical psychology: A contextual approach</i>, Routledge.</p>	
<i>This module does not have any article/paper resources</i>	
<i>Other Resources</i>	
<p>[Journal], <i>Child and Adolescent Mental Health</i>, ACAMH Journal.</p> <p>[Journal], <i>Journal of Child and Adolescent Mental Health</i>.</p> <p>[Journal], <i>Journal of Child Psychology and Psychiatry</i>.</p> <p>[Journal], <i>Child and Adolescent Psychiatry and Mental Health</i>.</p>	
Discussion Note:	